

<i>BREAKFAST</i>	<i>LUNCH</i>	<i>DINNER</i>	<i>SNACKS</i>
Ham/Cheese Om. Roll –300 Main Dishes –Pg. 120	Tomato & Basil Canapé –150 It's Good For You –Pg. 11	Salmon Cakes –100 It's Good For You –Pg.20	Fruits
Blue. –Alm. Oat Muffin –200 Stone. Insp. –Pg. 73	Margherita Pita Pizza -P135 It's Good For You –Pg. 13	Greek Lemon Ch. Soup –230 It's Good For You –Pg. 35	Veggies
Cin. Crunch Cob. Muff. –250 All The Best –Pg. 75	Tomato & Barley Soup –160 It's Good For You –Pg. 160	Med. Tuna Pasta Toss –280 It's Good For You –Pg.39	Lacy Cheese Rounds –60 More Stoneware –Pg. 18
	Smashed Potato Soup –180 It's Good For You –Pg. 59	Grilled Veg. Pasta Toss –290 It's Good For You –Pg. 45	Hawaiian Dip w/Fruit –130 All The Best –Pg. 16
	Berry & Kiwi Salad –120 Spin On Salads	Lean 'N Green Chili –260 It's Good For You –Pg. 51	Apple Berry Salsa/Chips –70 All The Best –Pg. 18-19
	Peach & Ch. Salad –240 Spin On Salads	Parm. Ch. & Pasta –390 It's Good For You –Pg. 67	Art. & Spin. Dip/Chips –140 All The Best –Pg. 21
	TB & Port. Napoleons –260 Spin On Salads	Creamy Spin. Ravioli –340 It's Good For You –Pg. 72	Choc. Fondue w/chips –120 All The Best –Pg. 96
	Quick Ch. Cacciatore –230 Main Dishes –Pg. 21	Spicy S & P Penne –330 It's Good For You –Pg. 95	Strawberry Ice –80 Delightful Desserts –Pg. 29
	Chicken Tortilla Soup –290 Main Dishes –Pg. 29	It. Ch. Pasta Toss –190 Casual Cooking –Pg. 84	
	White L. Chicken Chili –290 Main Dishes –Pg. 45	Tortellini-Spinach/Ham –380 29 Minutes –Pg. 87	
	Ch. Caesar Salad Wrap –270 Main Dishes –Pg. 79	Cheese. Stuffed Calzone –360 Stone. Insp. –Pg. 67	
	Savory Crostini's –140-170 Season's Best RC F/W '05	T-Basil Soup w/Dump.– 250 Cooking For Two –Pg. 45	
	Twice-Baked Pot. Cups –110 Celebrate –Pg. 52	Ceviche Shrimp Coctail –200 Cooking For Two –Pg. 101	
	Straw. Spinach Salad –70 Casual Cooking –Pg. 40		
	Caprese Pizzas –350 29 Minutes –Pg. 105		
	Gr. Port. Bruschetta –380 29 Minutes –Pg. 123		
	Create-A-Crostini - Stone. Insp. –Pg. 24		
	Harvest Cream Soup –180 Stone. Insp. –Pg. 53		
	Shrimp/Port. Mush. –200 Stone. Isp. –Pg. 97	Baked Eg. P. Crisp –180 Cooking For Two –Pg. 99	

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