

Terrific Gifts for Seniors or Arthritis Sufferers, Carpal Tunnel & Tendonitis, etc.:

- Small Bar Pan makes it possible for seniors to use stoneware. (a lot of our other stones are too heavy for older people, or too big for smaller appetites.) Great home cooked meals with less clean up, and if you use a toaster oven, less energy usage.
- Pizza Cutter recommended by physical therapists for cutting up food while an arm/hand injury was healing. You can cut almost anything easily, one handed!
- Small Micro-Cooker, since seniors do a lot of microwave meals; also light weight.
- Quick-Stir Pitcher makes it easy to mix juice, etc. and reduces clean up. Also great for washing panty hose! (Buy 2, please!) Add water and a little liquid Woolite, then plunge.
- Measure Mix 'n Pour is perfect for mixing powdered supplements (Metamucil, etc.)
- Food Chopper is easier to handle than a knife and doesn't require a lot of strength or dexterity.
- Baker's Roller is used one handed and doesn't require the strength of a regular rolling pin.
- Also great for a foot massage! Buy a second one to place on the floor and run your feet over it. Helps keep the circulation going to their extremities, especially important for diabetics!
- Crinkle Cutter is great for any kind of slicing or chopping because it uses a rocking motion. It has a nice large handle for easy gripping and there is no upper arm strength needed to cut.
- Citrus Peeler makes it easier to get under those darned orange skins. A life saver for arthritic fingers.
- Any of the Knives with Sharpening Cases because sharp knives are safer and easier to use and no searching for someone to do the sharpening for you. (Also prevents accidental cuts when reaching in drawer.)
- Hold 'N Slice prevents cuts and holds food steady.
- Carafe will keep a pot of coffee (or tea) hot and fresh all day so there is no waste for an all-day coffee sipper.
- Ice Cream Dipper... no straining - it goes through the hardest ice cream like butter!.
- Oven Mitt is double thick and protects more of the arm than most hot mitts.
- Oven Pad has that slit to slip over your wrist, so there is no chance of dropping the pad while you're trying to get something hot situated.
- Pastry Blender makes it a breeze to chop up egg or tuna salad.
- Easy Accent Decorator uses an easy thumb action so there's no strain on the hand (great for filling or stuffing things, too.).
- Clock/Timer is very loud. But if that is still a problem for the hard of hearing, you can just clip it to your clothes and take it with you. Great for reminders of time to take medicine.

- Batter Bowls make mixing and pouring easy for the less agile. Also, to make the Barbie Cake, or Baseball Cap or Football cakes for grandchildren.
- All of our Seasonings are all natural, sodium free and have no MSG.
- Whisk is easier on the wrist muscles than a wooden spoon or spatula.
- Garlic Press has a curved handle that's easy to grip and easier on wrist muscles.
- Deluxe Cheese Grater is much easier to turn than the old nut choppers that many people still use. Perfect for cheese, nuts, chocolate, fresh ginger, etc.
- Open stock Cookware if they need to replace "just one pan." Superior non-stick coating is easy to clean, with no strength for scrubbing, even if you forget and let things burn.
- Smooth Edge Can Opener has large "key" that is easy to grasp and to turn.

- I've done several parties for senior centers and here are some pairings I display. Even if they rarely cook, I like to show them that The Pampered Chef is great for them too!
- The Small and/or Large Micro-Cooker with a box Lipton Soup Mix. (advertise the partnership!)
- The small bar pan with a Mini Serving Spatula or Small Nylon Turner.
- The Bar Board with a Quikut Paring Knife and Hold 'n Slice or Cheese Knife!
- Asian or Italian Seasoning Mix and Bamboo Spatula Set, then write a few easy/inexpensive PC stir fry recipes on pretty cards/paper.
- Korintje Cinnamon and the Flour Sugar Shaker.
- Serrated Bread Knife and Beer Bread Mix.
- Super Salad recipe cards and Small Serving Tongs.
- Adjustable Measuring Spoons inside a Measure-All Cup.
- Good Company Tea or Coffee and a pretty mug.
- Stainless steel mixing bowls because they're deeper rather than wide and lighter than the batter bowls
- The Salt & Pepper Mill. My mom loves cracked black pepper but the twisting on a regular grinder is too hard..... the pump action on ours is much easier for her to do!!