



## Make-Ahead Ground Beef

- 3 medium onions
- 3 lb 90% lean ground beef or 93% lean ground turkey
- 3 garlic cloves, pressed

1. Chop onions using **Food Chopper**.
2. Place onions, beef and garlic pressed with **Garlic Press** into **(12-in.) Skillet**. Cook over medium-high heat 15-18 minutes or until beef is no longer pink, breaking into crumbles using **Mix 'N Chop**.
3. Divide beef mixture into three portions.