

christmas 2008 debriefing

Record the high points and low spots of the holiday season. They'll guide you next year!

1. What worked this holiday season? What changes did you make that helped create a simpler, more centered holiday season?

2. What was the worst aspect of holiday prep this year? How can you avoid the trap in the future?

3. Were you satisfied with your level of giving? What did you give: time, money, self, talents? Did you include your children in giving?

4. How well did your household run this holiday season? Were you calm and cozy or stressed and strung out? What one improvement could you make in your planning for next year?

5. Honesty time. How did your holiday go? Did you experience the expectancy, the magic, the sparkle of this season?
