

When ready to use, place one tablet in the already warm water of a foot massager.

Honey Vanilla Foaming Bath Oil

1 c. oil (vegetable, olive, or my favorite is sweet almond oil) 1/2 c.
honey
1/2 c. liquid soap (can be lotion based for extra softness, or not) 1
tbsp. vanilla extract

Whisk all ingredients together in batter bowl and pour into clean container with tight fitting lid. (I use the Mini Round Gladware containers, 1/2 cup size and only put about 1/4 cup of Bath Oil in each) Ingredients will separate overtime, shake container well before using desired amount in bathtub under running water. Makes 16oz.