

Here is a theme show I just heard about from **Rochell in Oregon**. Not sure I'm ready to do **A pamper Yourself Show** but maybe you are!!!

Patsy,

Here's the info, on the Pamper Yourself Show. I did my first PY show in June and it was a \$850 show with 3 bookings. Everyone commented on how wonderful and different it was, and how relaxed they were. It's great to do with your repeat hosts or customers who have been to many PC shows. Also, with the upcoming stressful holiday season, this could be an awesome show to promote. I can't claim it as my own idea, but I'm glad I had the opportunity to talk to Cheryl DeHart, who made this idea up. She's the "Queen of Theme" around here. Let me know if you need anything else. Feel free to edit. Enjoy. Roschell

PAMPER YOURSELF

The idea is to indulge in the ultimate relaxation. We do not pamper ourselves near enough! Hope you'll enjoy. Cheryl DeHart, Director in The Dalles, OR.

SHOW IDEAS:

Let the focus be on pampering yourself-that doesn't mean facial treatments or massage only- start with dessert and beverage.

POSSIBLE INTRO:

"Let me thank all of you for coming to _____ today. I am _____ and I am here today to pamper you." My plan for you is to first tempt your palates with a **decadent dessert**, then as you're enjoying every delicious bite, you can choose from a soothing foot soak, rejuvenating facial scrub or mask, or a soft and supple hand treatment. In addition to all of this you will all be taking home a sample of the **foaming bath oil** I'll be making to try out yourselves this evening in the privacy of your own bathtub. Sound good? Let's begin."

It's up to the consultant to decide if those attending the show do more than one activity.

Everyone can come in their Pajamas, even the Consultant.

You can have a Massage Therapist (MT) there to further enhance the relaxation theme. (I have the MT charge her own rate, usually \$3-5 dollars for 5 or 10 minutes depending on how many people are there. Let the MT talk briefly about their business and how they will handle the massage while the Consultant does the demo. It's good potential clients for the MT.

Bring a roll of paper towels to use for the facials and have those interested wrap a few around their face, since it is a bit messy and drips.

RECIPES

Facial Scrub (normal to oily skin)

Chop 2 almonds (until very fine granules), then add 1 tsp. lemon juice and 1 tsp. honey. Mix well and apply to face rubbing gently. Let sit for 10 minutes. Wash off with warm water and pat dry.

Facial Mask (normal skin)

Peel 2-3 large carrots and cut off ends. Cook whole carrots in saucepan until soft. Mash carrots and add 4 1/2 tbsp. of honey, mix well. Apply to face and let sit 10 minutes. Rinse off with warm water and pat dry. While mask is setting for 10 minutes, put feet up and place two sliced cucumbers over eyes.

Foot Soak

1/2 c. baking soda

1/4 c. cornstarch

1/4 c. citric acid (usually have to special order this from a pharmacy)

Aloe Vera Gel

Frangrance Oil (sweet almond oil, vanilla or tea rose is nice)

Oil from 3 Vitamin E capsules (olive oil also works well)

Whisk dry ingredients until smooth. Add aloe vera, vitamin E and fragrance oil and mix well. Mist with water while mixing until mixture holds together. Put into mini muffin pan and let dry (approximately 2 hours).